

The Art of Living

*The master in the art of living
Draws no distinction between
his work and his play,
His labor and his leisure,
His mind and his body,
His education and his recreation,
His love and his religion.*

*He hardly knows which is which.
He simply pursues his
vision of excellence
Through whatever he is doing
And leaves it to others to determine
Whether he is working or playing.*

To himself, he is always doing both.

- Susan Fowler Woodring